

Dear Berwick Fields community,

As this is our first edition of Fields Focus for Term 3, I would like to extend a warm welcome back to all students and families and I want to congratulate all students on a very positive start to Term. I have been most impressed by how students have returned, calm, focused and ready to learn.

It has been an actioned packed start to term, with the following highlights:

- 3 Way Conferences: thankyou to all students and parents / carers for your participation
- NAIDOC week celebrations: including student activities, Koorie morning tea,
 Whole School Assembly and special guests Djirri Djirri dance group
- Hoop Time Basketball
- Division sport finals for Football and Tee ball
- Prep 100 days at school
- First Aid training for Grade 4—6
- Social Fair excursion for Grade 3

Week 5	12 Grade 4 Assembly ICAS Testing English (Gr3-6) Regional Tee ball (Girls)	District Athletics (Casey Fields) Casey Netball Cup Tournament (Gr3/4) Regional Tee ball (Boys) EAL Morning Tea	14 Regional Hockey Wednesday Wellbeing Breakfasts	Casey Cavaliers B/Ball clinic (Gr1/3)	16 Grade 3 Assembly- (PAC) 2:40 – 3:15 Melbourne United B/Ball Clinic (Gr4)
Week 6	19 Grade 6 Assembly (PAC) 2:40 – 3:15	Book Parade dress up Math Community Night- Building confidence in Math	Prep Breakfast (Cost \$2 each) Grade 4 excursion -Werribee Zoo Wednesday Wellbeing Breakfasts	22	23 Grade 5 Assembly 2:40 – 3:15 (PAC)



facebook.com/berwickfieldsps berwick.fields.ps@education.vic.gov.au www.berwickfieldsps.vic.edu.au



Congratulations Dayna Crees

Dayna Crees is a past student of Berwick Fields PS, attending the school from Prep to Grade 6. She is a Berwick resident and this year has been selected to represent Australia in Athletics at the Paris Paralympic Games.

Please join me in congratulating Dayna on this wonderful achievement.

We all wish her the very best, and know that she will do herself, her family and her country proud.

https://www.athletics.com.au/paralympic-athlete-profiles/daynacrees/

Traffic and parking reminders

We kindly remind all parents / carers to please drive safely around our school and community.

Please ensure that you comply with all road and parking signs in the area to ensure the safety of all.

Students are reminded to cross at designated pedestrian crossings and to enter school using footpaths.

Kind regards,
Jo Tippett
Acting Principal











Housekeeping

Please note that any student that needs to be collected from school between

9.00am and 3.20pm by Parents,

Carers or Emergency contact

(even if you are a familiar face to the school)

you will need to provide Photo Identification.

This is a requirement by the

Education Department.

Specialist Sessions and Bells

09.00



Morning Bell

Specialist session 1

10.00 **Specialist session 2**

10.50 **Recess eating time**

11.00 **Recess**

11.20 **Specialist session 3**

12.20 **Specialist session 4**

13.20 Lunch eating time

13.35 Lunch

14.20 **Specialist session 5**

15.20 **End of Day**

Dogs at



Pet dogs

Berwick Fields Primary School is not a public place, and our principal has the authority to permit or decline entry to school grounds and impose conditions of entry.

Whilst Berwick Fields Primary School understands that many families in our school community keep dogs as pets, to ensure that our school remains a safe and inclusive place for everyone, pet dogs are not permitted on school grounds under any circumstances.

Our school community is diverse, and may include people that are allergic or uncomfortable around dogs. We are also conscious of the health hazards that may be posed by dogs. We ask that families please leave their pet dogs at home or safely tether them outside school grounds when attending our school or school events.

At times students may wish to bring pets from home to share with their class. These requests must be made through the school Principal.



Compass guide for Students Absences

Dari

والدين عزيز،

در قسمت زیر راهنمای نحوه انجام: اضافه کردن حاضری آمده است (زمانی که طفل تان از مکتب غیرحاضر است) یادداشت برای یک غیرحاضری آینده:

اگر قرار است طفل تان از مکتب غیرحاضر باشد، می توانید یک یادداشت حاضری را برای خبر دادن به مکتب اضافه کنید. برای انجام این کار، روی Attendance Note (Approved Absence/Late) «Add» (Add «فشار دهید. یک صفحه برای یاداشت باز می شود. دلیل قابل اجرا را از لیستی که باز میشود انتخاب کنید؛ در صورت موجودیت، هرگونه معلومات اضافی را در کادر جزئیات/ نظر اضافه کنید. تاریخ/زمان شروع و پایان غیرحاضری را انتخاب کنید و روی «Save»فشار دهید.

ياداشت براى غيبت غيرقابل توضيح

اگر طفل تان بدون توضیح، غیرحاضر علامت زده شده است، شما باید یک یادداشت حاضری اضافه کنید. یک علامت هشدار را در صفحه اصلی برنامه کاربری خود خواهید دید. روی هشدار فشار دهید و شما را به قسمت غیرحاضری غیرقابل توضیح طفل تان می برد، جایی که هر جلسه فهرست شده ای را که برای آنها به عنوان »غیرحاضر یا ناوقت «علامت گذاری شده اند، می بینید. ساعت (یا ساعات) درسی را که برای آن یادداشت اضافه می کنید انتخاب نموده و سپس روی »توضیح با یادداشت حاضری «

Tamil

அன்பான பெற்றோர்களே,

வருகையொன்றைச் சேர்ப்பது (உங்கள் குழந்தை பள்ளிக்கு வராமல் இருக்கும்போது): எவ்வாறு என்பதற்கான வழிகாட்டியே பின்வருவன

எதிர்வரும் ஒரு வருகையின்மைக்கான குறிப்பு

உங்கள் பிள்ளை பள்ளிக்கு வருகை தரப்போவதில்லை என்றால், பள்ளிக்கு அறிவுறுத்தல் வழங்குவதற்கு நீங்கள் வருகைக் குறிப்பொன்றைச் சேர்க்கலாம். அவ்வாறு செய்யவதற்கு, 'Add Attendance Note (Approved Absence/Late)' என்பதைச் சொடுக்கவும். குறிப்புத் திரையொன்று (Note screen) திறக்கும். கீழ்தோன்றும் பட்டியலில் இருந்து பொருந்தக்கூடிய காரணத்தைத் தேர்ந்தெடுக்கவும்; பொருத்தமெனில் ஏதேனும் கூடுதல் தகவலை, Details/Comment (விவரங்கள்/கருத்து) பெட்டியில் உள்ளிடவும். வருகையின்மையின் தொடக்க மற்றும் முடிவின், தேதி/நேரத்தைத் தேர்ந்தெடுத்து, 'Save' (சேமி) என்பதை சொடுக்கவும்.

விளக்கமளிக்கப்படாத வருகையின்மைக்கான குறிப்பு

உங்கள் குழந்தை 'வருகைதரவில்லை' என விளக்கமின்றிக் குறிக்கப்பட்டிருந்தால், நீங்கள் ஒரு வருகைக் குறிப்பைச் சேர்க்குமாறு கோரப்படுவீர்கள். உங்கள் முகப்புத் திரையில் ஓர் விழிப்பூட்டலைக் காண்பீர்கள். விழிப்பூட்டலை (alert) சொடுக்கவும், அது உங்களை உங்கள் குழந்தையின் 'விளக்கமளிக்கப்படாத' வருகைத் தாவல் பலகைக்கு ('Unexplained' attendance tab) அழைத்துச் செல்லும், அங்கு காணப்படும் பட்டியலிடப்பட்ட அமர்வுகளில், வருகை தந்திருக்கவில்லை அல்லது தாமதமாக வருகை தந்தார் எனக் குறிக்கப்பட்டிருப்பதைக் காண்பீர்கள். நீங்கள் குறிப்பைச் சேர்க்கப்போகின்ற அமர்வை (அல்லது அமர்வுகள்) தேர்ந்தெடுக்கவும், பின்னர் 'Explain with Attendance Note' (விளக்கத்துடனான வருக்கைக் குறிப்பு) என்பதைக் சொடுக்கவும். இவ்வாறு செய்வது Attendance Note screen ஐத் (வருகைக் குறிப்பு திரையைத்) திறக்கும். வருகையின்மைக்கான பொருத்தமா காரணத்தைத் தேர்ந்தெடுக்கவும் மற்றும் தொடர்புடைய விவரங்கள்/கருத்தில் சேர்க்கவும். 'Save' (சேமி) என்பதைச் சொடுக்கவும். இது நீங்கள் தேர்ந்தெடுத்த அமர்வுகளுக்கு வருகைக் குறிப்பை ஒதுக்கும், மேலும் அவை 'விளக்கமளிக்கப்படாதவை' எனக் காட்டப்படாமல் இருக்கும்படி

புதுப்பிக்கப்படும்.

Free Parenting Programs:

Please find below a list of a few of our Term 3 upcoming parenting programs.

DAY/DATE	TIME	TOPIC	LOCATION	CONTACT
Tuesday, 23 rd July	12.15	FREE - Positive	ONLINE	Carey Cole
	– 1.30 p.m.	Parenting Strate- gies – How to		0437 428 281
		Establish Positive Family Relation-	Register here: https://events.humanitix.com/pbs-and-pronia-positive-parenting-strategies-t32024	car- ey.cole@anglicarevic.org.au
Mondays, 29 th July	9.00 -	ships FREE - Proactive	Hillsmeade Primary School	Carey Cole
 – 2nd September (6 	10.00	Parenting	82 The Promenade, Narre Warren South	0437 428 281
sessions)	a.m.		oz me monetade, mare waren soadi	car-
		A six-session parent drop-in, co-designed by participating parents around the topics they would like to discuss	Register here: https://events.humanitix.com/proactive-parenting	ey.cole@anglicarevic.org.au
Tuesdays, 30 th July – 3 rd September (6	9.15 –	FREE - Parenting	Bridgewood Primary School	Carey Cole
sessions)	11.15 p.m.	after Family Vio- lence	115 Bridge Road, Officer	0437 428 281
		A program suita- ble for parents who are looking for parenting strategies to re- spond to trauma (their own and their child/ren's) following family violence	Enquiries, referrals, and self-referrals welcome	car- ey.cole@anglicarevic.org.au
Tuesday, 17 th Sep- tember	12.15 - 1.30	FREE - Positive Parenting Strate-	ONLINE	Carey Cole
	p.m.	gies – How to		0437 428 281
TEDM 4		Foster Resilience and Self-Esteem	Register here: https://events.humanitix.com/pbs-and-pronia-positive-parenting-strategies-t32024	<u>car-</u> <u>ey.cole@anglicarevic.org.au</u>
TERM 4 Wednesdays, 23 rd	4.00 –	FREE - Beyond	Frankston Council Location	Carey Cole
October – 11 th De- cember	6.30	the Violence Parent/Child		0437 428 281
Cerriber	p.m.	Group	Enquiries, referrals, and self-referrals welcome	car- ey.cole@anglicarevic.org.au
		A program for women and children who are no longer living with the person who uses violence	Venue advised following registration	

Garden Program Term 3





Our garden program has kicked off to a fantastic start! Students have enjoyed getting back into the swing of things by maintaining the care and upkeep of our gardens and our chickens. Last week, students experiemented with creating their own ochre and creating Aboriginal symbols and pictures.







Book Week Dress Up Day

Come to school dressed as your favourite storybook character on **Tuesday the 20th August** to celebrate Book Week.

*Whole school parade at 9:15am on the basketball courts (weather permitting) *Prizes for Best Homemade Costume, Favourite Character & Most Creative Costume

Respectful Relationship Program Semester 2



During semester 2 Berwick Field students will be focusing on topics 7 &8 – "Gender & Identity" and "Positive Gender Relations":

As part of our curriculum this semester, we will be focusing on important issues related to human rights and gender identity with the students. These topics are essential because they enable students to understand our diverse world and promote respect within relationships.

Learning activities within the "Gender and Identity" topic assist students to challenge stereotypes and critique the influence of gender norms on attitudes and behaviour. They will learn about key issues relating to human rights and gender identity and focus on the importance of respect within relationships.

When discussing human rights, students will explore concepts like equality, fairness, and dignity. This helps children learn about treating everyone with kindness and understanding, regardless of differences in background, ethnicity, or beliefs.

Most importantly when covering gender identity, teachers will approach it in a sensitive and ageappropriate manner. We aim to create a supportive environment where students can learn about different identities and expressions. This fosters respect and empathy among peers, which is crucial in creating inclusive communities.

"Positive Gender Relations" focuses on building an understanding of the effects of gender-based violence and focuses on the standards associated with respectful relationships. Students develop the skills needed to solve problems, set boundaries within relationships, and play an active role within the prevention of gender-based violence. They develop peer support and help-seeking skills that can be applied in response to situations involving gender-based violence in family, peer, community, or on-line relationships.

Further information and resources can be located through the Victorian Education Department website:

www.vic.gov.au/respectful-relationships

Please feel free to contact your classroom teacher if you have any general questions regarding the Respectful Relationship program or alternatively contact Chrissy Clode (Wellbeing and Inclusion Leading Teacher).

ONE STEP AT A TIME PROGRAM: PARENTSUPPORT FOR CHILDHOOD ANXIETY

SWIN BUR * NE *

Swinburne Psychology Clinic

Parents / guardians:

Do you have a primary school-aged child experiencing symptoms of anxiety?

Clinicians at Swinburne University have developed a program to help parents manage childhood anxiety in children aged 6-11 years.

Does your child experience any of the following?

- Difficulties sleeping at night due to worries
- Fears and phobias
- Difficulty separating from you or worrying about parental safety
- Trouble sleeping alone in their bed
- · Fear of the dark
- Scared of lifts, trains, and people
- · Fear of dogs and other animals
- Excessive worry and constant reassurance seeking
- Fear of germs and other health problems

The One Step at a Time Program involves:

- Comprehensive psychological assessment of your child's anxiety
- Seven sessions of online counselling through video conferencing
- Parent-focused cognitive behavioral therapy (CBT) skills to help you manage and support your child's anxiety
- Two combined parent-child sessions
- Reflective parenting strategies
- Access to a website with selfhelp materials to supplement therapy.

Cost

\$20 per session/assessment. Treatment consists of seven therapy sessions plus one assessment session.

Contact us

Referrals and enquiries can be made by contacting the Swinburne Psychology Clinic at:

Telephone: 03 9214 8653

Email: psychprojects@swin.edu.au

OR, by accessing the online registration form by using the QR Code or the link below:

https://forms.office.com/r/kxjjie5YcM









Berwick Fields Primary School's Wellbeing program is aimed at empowering students, staff and families to create an inclusive learning environment which optimises students' physical and mental wellbeing.

Our Wellbeing and Inclusion team members include Ben Boersma (Leading teacher), Chrissy Clode (Leading Teacher), Amanda Davis (Disability and Inclusion Leading Teacher), Emmalee Keegan (Youth Worker) and Carmel Holden (Chaplain).

The key aims of the Berwick Fields Primary School's Wellbeing program are:

- · Collaborative partnerships engaging students, parents, staff and the community.
- Prioritising student connection and engagement.
- Ensuring parents have access to relevant wellbeing information and programs.
- Providing evidence-based staff training to achieve and support positive wellbeing outcomes.
- Implementing proactive programs and staff training supporting student wellbeing.
- Building wellbeing in a child safe environment.
- Ensuring a focus on staff wellbeing.

We have a number of programs to ensure that our students feel supported and safe. Moreover, our wellbeing initiatives allow for opportunities for students to build their voice and agency when it comes to their own and other students' wellbeing. These include:

"Respectful Relationships Program" - The Respectful Relationships program was developed as a response to the Royal Commission into family violence and therefore one of its aims is to create positive change in attitudes and behaviours around the gendered drivers of family violence. The program is evidence based and it is mandated in all state schools in Victoria therefore, just like other subjects such as English and Maths it is requirement that educators teach it.

The program is similar to other health programs from previous years and mainly aims to develop the intellectual, emotional and social skills of children. The only difference being that it delves more deeply into inclusivity, positive diversity and help seeking behaviours. Most importantly, all lessons and resources are age appropriate and would not involve children in content that would be beyond their developmental understandings or capabilities. Lastly, it recognises that parents/ carers and school communities:

- Play a central role in the social and emotional development of children and young people.
- Respect and equality can be modelled to shape positive attitudes and behaviours.
- Can generate lasting change in culture and attitudes contributing to a reduction in the prevalence of family violence.

<u>National Wellbeing Student Wellbeing Program (NSWP)</u> - The NSWP Chaplain partners with the wellbeing team to provide collaborative student support via one-on-one and group sessions with play, games, music, stories, and art and craft activities. Students are supported and empowered to grow in their own wellbeing with a focus on self-esteem, confidence, resilience, emotional regulation, social skills and problem solving.

<u>School-wide Positive Behaviour Support Program (SWPBS)</u> - Through the SWPBS program, we focus on explicitly teaching expected behaviours based on our school values, "Be Safe, Be

Respectful, Be Responsible". This includes our Basics, our Matrix of Expectation and our Behaviour Management system. This system is non-punitive and allows time for students to reflect on their actions. SWPBS also encompasses other initiatives such as Mission Cards, Social Change Cards and other things that give our students agency and the opportunity to take responsibility for their learning and their actions.

Mental Health in Primary Schools (MHiPS) – The MHiPS initiative is one that is more of an overarching approach within the school. One that builds the school community's Mental Health Literacy and builds capacity in our teachers to engage, identify and support students with Mental Health issues.

Through explicit teaching of our values, we set clear expectations for all students and clear processes to enact when students are making positive and/or negative choices.

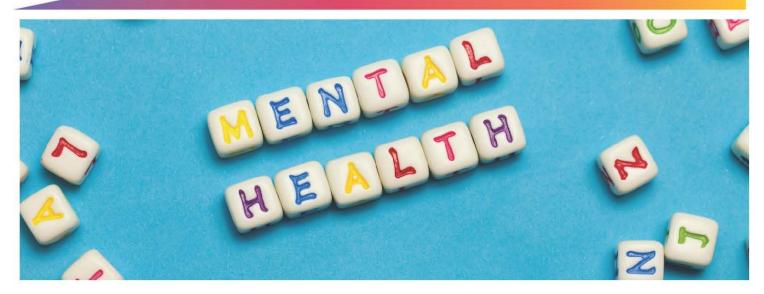
- <u>Senior and Junior Gardening program</u> A student program that fosters responsibility and leadership and involves students maintaining and establishing our garden environment.
- Grade 6 and Prep Buddy Program The Buddy program helps promote strong relationships and support for our youngest students.
- Positive Rewards including the school's "Fielder Award".
- The Zones of Regulation The Zones program has been incorporated into all classrooms at Berwick Fields and is geared toward students who struggle with selfregulation, including anger management, sensory processing, anxiety, flexibility, or selfcontrol.
- <u>Peer Activity Leaders</u> (PALS) Students from the senior area help facilitate fun and active games for other students to play at lunch times. The PALS program supports Berwick Field's vision in building student leadership skills and promoting a culture of respect and shared responsibility.
- <u>Yarning Circles</u> Actively used in all classes to help students be proactive in resolving problems, celebrating positive resolutions and teaching social and emotional skills.
- <u>Peer Mediation</u> Aimed at training our senior students in using restorative practices to help solve minor problems and issues in the yard. This helps further foster cross-age friendships and model positive behaviours.
- <u>Lunch time Clubs</u> Students have opportunities to access a variety of lunch time clubs run by teachers. These clubs include, Art, Lego, Minecraft, Mandarin, Games& DD, Drama, District sports, chess, gardening and craft activities.
- <u>Parent Workshops</u> A variety of informative online and in person parent workshops are available for parents to access through Anglicare. Please refer to our school newsletter or Facebook page for more information about the workshops available.

Counselling, speech therapy and psychological assessments are not currently provided within the Berwick Fields school setting and therefore need to be accessed privately by parents. If you would like to seek counselling, a psychological assessment or speech therapy then you will need to organise a letter of referral from your General Practitioner. Further support and financial assistance can be sort from Orange Door.

We look forward to your support with our wellbeing program and helping to model these expected behaviours. This helps to make Berwick Fields a strong team and a place where everyone has the best opportunity to learn. Working together, as a school community, we can help each student to achieve their personal best and have a fantastic experience at Berwick Fields Primary School.







Understanding and Supporting Children's Mental Health

Communities For Children Frankston Community Workshop Series is designed for local parents/carers, volunteers and staff working or living with children, who are seeking information and practical strategies.

Facilitated by Emerging Minds

Mental Health doesn't mean mental illness, like physical health it is something everyone has that develops over their life. When children have positive mental health they can grow, play and cope with life's ups and downs.

This free, online workshop will provide information on:

- · What is child mental health?
- What shapes children's mental health
- Understanding children's emotions and behaviours
- Practical strategies to support your children's mental health today and into the future

DATE: Wednesday 21st August 2024

TIME: 7.00-8.30pm

WHERE: Online event via Zoom webinar

SCAN TO REGISTER:



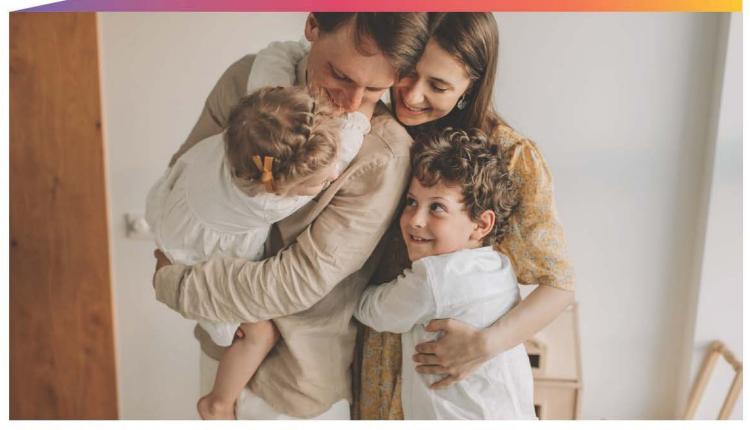
For questions contact Emma Rafferty at cfc_southern@anglicarevic.org.au





CFC is funded by the Australian Government, Department of Social Services. See www.dss.gov.au for more information.





Child Rights, Discipline and Boundaries: How do they work together?

Presented by Jasbir Singh Suropada

 What do you know about Child Rights and how can it work with your parenting?

How can these apply to your family?

 Where and who can you speak to for further help?

PARENTZONE

CFC is funded by the Australian Government, Department of Social Services See www.dss.gov.au for more information. **Date**: Tuesday, September 10th, 2024

Time: 6:30 - 8:00pm **Where**: Online via Zoom

ENQUIRIES:

🔯 <u>CFCCardinia@anglicarevic.org.au</u>

0457 825 076

REGISTER AT:

https://us02web.zoom.us/webinar/register/WN_p0Npf--zTwSh88hw3gwI9Q

or scan QR code





TERM 3 2024

Berwick Fields Primary School

Keep this handy calendar on your fridge for upcoming events at school.

July	Week 1	15 Curriculum Day - 3 Way Conferences	16 Students First Day of School for all students 3 Way Conferences- selected times	17 3 Way Conferences- selected times Wednesday Wellbeing Breakfasts	18 NAIDOC Koorie Student morning tea celebration. State Cross Country Championships	19 Whole School Assembly
	Week 2	22 School Council Meeting	23 Hoop Time (Gr5/6)	24 Wednesday Wellbeing Breakfasts	25	26 Division Winter Sport Finals – (AFL, Tee ball mixed)
	Week 3	First Aid in Schools with St Johns Ambulance (Gr4-6)	Prep - 100 Days of school First Aid in Schools with St Johns Ambulance (Gr4-6)	31 Wednesday Wellbeing Breakfasts	1	Prep Assembly 2:40-3:15 (PAC)
	Week 4	5		7 Gr3 Social Fair indoor adventure excursion. Wednesday Wellbeing Breakfasts 9x9 AFL Gr 5/6 Boys and Girls (Casey Fields)	8 Grade 2 Assembly 2:30 – 3:15 (PAC)	9 Grade 1 Assembly 2:30 – 3:15 (PAC)
	Week 5	12 Grade 4 Assembly ICAS Testing English (Gr3-6) Regional Tee ball (Girls)	District Athletics (Casey Fields) Casey Netball Cup Tournament (Gr3/4) Regional Tee ball (Boys) EAL Morning Tea	14 Regional Hockey Wednesday Wellbeing Breakfasts	15 Casey Cavaliers B/Ball clinic (Gr1/3)	16 Grade 3 Assembly- (PAC) 2:40 – 3:15 Melbourne United B/Ball Clinic (Gr4)
August	Week 6	19 Grade 6 Assembly (PAC) 2:40 – 3:15	Book Parade dress up Math Community Night- Building confidence in Math	Prep Breakfast (Cost \$2 each) Grade 4 excursion -Werribee Zoo Wednesday Wellbeing Breakfasts	22	23 Grade 5 Assembly 2:40 – 3:15 (PAC)
	Week 7	26 ICAS Testing Maths (Gr3-6) School Council Meeting	27 Father's Day Stall	Father's Day Stall Grade 5 Incursion- Mad About Science Hoop Time (Gr5/6) Wednesday Wellbeing Breakfasts	29 Grade 5 Incursion- Mad About Science	Father's Day -Morning Celebration 8:30am Prep Assembly 2:40- 3:15 (PAC)
September	Week 8	2	Grade 1 - Chesterfield Excursion Hoop Time (Gr3/4)	4 Wednesday Wellbeing Breakfasts	5 Grade 2 Assembly 2:30 – 3:15 (PAC)	Grade 1 Assembly 2:30 – 3:15 (PAC) Premier's Reading Challenge closes today
Sep	Week 9	9 Grade 3 Assembly (PAC) 2:40 – 3:15	10 Grade1 - Chesterfield Farm Excursion	11 Wednesday Wellbeing Breakfasts	12 Grade 2 Supreme Incursion	13 Grade 4 Assembly JSC Event
	WEEK 10	16 Grade 6 Assembly 2:40 – 3:15 (PAC)	17	18 Divisional Athletics (Casey Fields) Wednesday Wellbeing Breakfasts	19 Grade 5 Assembly 2:40 – 3:15 (PAC)	20 Whole School Assembly End of School Footy Dress up Parade

UNIFORM

The wearing of school uniform is compulsory at Berwick Fields Primary school. For our full uniform list, please see our Website or contact PSW- 407 Princes Hwy Officer - 03 9768 0382.



Polo Shirts Blue or White



Jumper



Polar Fleece Jacket



Summer Dress



Black Pants No Jeans



Black Shorts



Blue Hat *Compulsory* from 1 September till 30 April



Winter Skirt (Tunic)



Socks – White, Black, Navy





Sport Shoes or Black Shoes





The following items are not permitted as a part of our uniform:

Jewellery



(A) -80C

Long Earrings

Nail Polish



Make-Up

